

ADDITIONAL COURSE OUTLINES

First Aid with CPR—Adult and Child	Total Time: 4 hours, 15 minutes
Lesson 1: Before Giving Care and Checking an Injured or Ill Person	Time: 49 minutes
Lesson 2: Cardiac Emergencies and CPR Adult or child skills; adult and child video segment	Time: 35 minutes
Lesson 4: Breathing Emergencies Adult or child skills; adult and child video segment	Time: 34 minutes
Lesson 5: Sudden Illness	Time: 30 minutes
Lesson 6: Environmental Emergencies	Time: 22 minutes
Lesson 7: Soft Tissue Injuries	Time: 38 minutes
Lesson 8: Injuries to Muscles, Bones and Joints	Time: 27 minutes
Lesson 9: Conclusion	Time: 20 minutes

First Aid with CPR—Adult, Child and Infant	Total Time: 4 hours, 56 minutes
Lesson 1: Before Giving Care and Checking an Injured or Ill Person	Time: 64 minutes
Lesson 2: Cardiac Emergencies and CPR Adult or child and infant skills; adult and child, and infant video segments	Time: 50 minutes
Lesson 4: Breathing Emergencies Adult or child and infant skills; adult and child, and infant video segments	Time: 40 minutes
Lesson 5: Sudden Illness	Time: 30 minutes
Lesson 6: Environmental Emergencies	Time: 22 minutes
Lesson 7: Soft Tissue Injuries	Time: 38 minutes
Lesson 8: Injuries to Muscles, Bones and Joints	Time: 27 minutes
Lesson 9: Conclusion	Time: 25 minutes

First Aid with CPR/AED—Adult and Child	Total Time: 4 hours, 47 minutes
Lesson 1: Before Giving Care and Checking an Injured or Ill Person	Time: 49 minutes
Lesson 2: Cardiac Emergencies and CPR Adult or child skills; adult and child video segment	Time: 35 minutes
Lesson 3: AED Adult or child skills	Time: 27 minutes
Lesson 4: Breathing Emergencies Adult or child skills; adult and child video segment	Time: 34 minutes
Lesson 5: Sudden Illness	Time: 30 minutes
Lesson 6: Environmental Emergencies	Time: 22 minutes
Lesson 7: Soft Tissue Injuries	Time: 38 minutes
Lesson 8: Injuries to Muscle, Bones and Joints	Time: 27 minutes
Lesson 9: Conclusion	Time: 25 minutes

First Aid with CPR/AED—Adult and CPR—Child	Total Time: 4 hours, 47 minutes
Lesson 1: Before Giving Care and Checking an Injured or Ill Person	Time: 49 minutes
Lesson 2: Cardiac Emergencies and CPR Adult or child skills; adult and child video segment	Time: 35 minutes
Lesson 3: AED Adult skills	Time: 27 minutes
Lesson 4: Breathing Emergencies Adult or child skills; adult and child video segment	Time: 34 minutes
Lesson 5: Sudden Illness	Time: 30 minutes
Lesson 6: Environmental Emergencies	Time: 22 minutes
Lesson 7: Soft Tissue Injuries	Time: 38 minutes
Lesson 8: Injuries to Muscles, Bones and Joints	Time: 27 minutes
Lesson 9: Conclusion	Time: 25 minutes

First Aid with CPR/AED—Adult and CPR—Infant	Total Time: 5 hours, 23 minutes
Lesson: 1 Before Giving Care and Checking an Injured or Ill Person	Time: 64 minutes
Lesson 2: Cardiac Emergencies and CPR Adult and infant skills; adult (includes child) and infant video segments	Time: 50 minutes
Lesson 3: AED Adult skills	Time: 27 minutes
Lesson 4: Breathing Emergencies Adult and infant skills; adult (includes child) and infant video segments	Time: 40 minutes
Lesson 5: Sudden Illness	Time: 30 minutes
Lesson 6: Environmental Emergencies	Time: 22 minutes
Lesson 7: Soft Tissue Injuries	Time: 38 minutes
Lesson 8: Injuries to Muscle, Bones and Joints	Time: 27 minutes
Lesson 9: Conclusion	Time: 25 minutes

First Aid with CPR—Adult, CPR/AED—Child and CPR—Infant	Total Time: 5 hours, 23 minutes
Lesson 1: Before Giving Care and Checking an Injured or Ill Person	Time: 64 minutes
Lesson 2: Cardiac Emergencies and CPR Adult or child and infant skills; adult and child, and infant video segments	Time: 50 minutes
Lesson 3: AED Child skills	Time: 27 minutes
Lesson 4: Breathing Emergencies Adult or child and infant skills; adult and child, and infant video segments	Time: 40 minutes
Lesson 5: Sudden Illness	Time: 30 minutes
Lesson 6: Environmental Emergencies	Time: 22 minutes
Lesson 7: Soft Tissue Injuries	Time: 38 minutes
Lesson 8: Injuries to Muscle, Bones and Joints	Time: 27 minutes
Lesson 9: Conclusion	Time: 25 minutes

First Aid with CPR—Adult and CPR/AED—Child	Total Time: 4 hours, 47 minutes
Lesson 1: Before Giving Care and Checking an Injured or Ill Person	Time: 49 minutes
Lesson 2: Cardiac Emergencies and CPR Adult or child skills; adult and child video segment	Time: 35 minutes
Lesson 3: AED Child skills	Time: 27 minutes
Lesson 4: Breathing Emergencies Adult or child skills; adult and child video segment	Time: 34 minutes
Lesson 5: Sudden Illness	Time: 30 minutes
Lesson 6: Environmental Emergencies	Time: 22 minutes
Lesson 7: Soft Tissue Injuries	Time: 38 minutes
Lesson 8: Injuries to Muscle, Bones and Joints	Time: 27 minutes
Lesson 9: Conclusion	Time: 25 minutes

First Aid with CPR—Adult	Total Time: 4 hours, 15 minutes
Lesson 1: Before Giving Care and Checking an Injured or Ill Person	Time: 49 minutes
Lesson 2: Cardiac Emergencies and CPR Adult skills; adult (includes child) video segment	Time: 35 minutes
Lesson 4: Breathing Emergencies Adult skills; adult (includes child) video segment	Time: 34 minutes
Lesson 5: Sudden Illness	Time: 30 minutes
Lesson 6: Environmental Emergencies	Time: 22 minutes
Lesson 7: Soft Tissue Injuries	Time: 38 minutes
Lesson 8: Injuries to Muscle, Bones and Joints	Time: 27 minutes
Lesson 9: Conclusion	Time: 20 minutes

First Aid with CPR—Adult and Infant	Total Time: 4 hours, 46 minutes
Lesson 1: Before Giving Care and Checking an Injured or Ill Person	Time: 64 minutes
Lesson 2: Cardiac Emergencies and CPR Adult and infant skills; adult (includes child) and infant video segments	Time: 50 minutes
Lesson 4: Breathing Emergencies Adult and infant skills; adult (includes child) and infant video segments	Time: 40 minutes
Lesson 5: Sudden Illness	Time: 30 minutes
Lesson 6: Environmental Emergencies	Time: 22 minutes
Lesson 7: Soft Tissue Injuries	Time: 38 minutes
Lesson 8: Injuries to Muscles, Bones and Joints	Time: 27 minutes
Lesson 9: Conclusion	Time: 15 minutes

First Aid with CPR/AED—Child and CPR—Infant	Total Time: 5 hours, 23 minutes
Lesson 1: Before Giving Care and Checking an Injured or Ill Person	Time: 64 minutes
Lesson 2: Cardiac Emergencies and CPR Child and infant skills; child (includes adult) and infant video segments	Time: 50 minutes
Lesson 3: AED Child skills	Time: 27 minutes
Lesson 4: Breathing Emergencies Child and infant skills; child (includes adult) and infant video segments	Time: 40 minutes
Lesson 5: Sudden Illness	Time: 30 minutes
Lesson 6: Environmental Emergencies	Time: 22 minutes
Lesson 7: Soft Tissue Injuries	Time: 38 minutes
Lesson 8: Injuries to Muscle, Bones and Joints	Time: 27 minutes
Lesson 9: Conclusion	Time: 25 minutes

First Aid with CPR/AED—Child	Total Time: 4 hours, 47 minutes
Lesson 1: Before Giving Care and Checking an Injured or Ill Person	Time: 49 minutes
Lesson 2: Cardiac Emergencies and CPR Child skills; child (includes adult) video segment	Time: 35 minutes
Lesson 3: AED Child skills	Time: 27 minutes
Lesson 4: Breathing Emergencies Child skills; child (includes adult) video segment	Time: 34 minutes
Lesson 5: Sudden Illness	Time: 30 minutes
Lesson 6: Environmental Emergencies	Time: 22 minutes
Lesson 7: Soft Tissue Injuries	Time: 38 minutes
Lesson 8: Injuries to Muscles, Bones and Joints	Time: 27 minutes
Lesson 9: Conclusion	Time: 25 minutes

First Aid with CPR—Child and Infant	Total Time: 4 hours, 38 minutes
Lesson 1: Before Giving Care and Checking an Injured or Ill Person	Time: 64 minutes
Lesson 2: Cardiac Emergencies and CPR Child and infant skills; child (includes adult) and infant video segments	Time: 50 minutes
Lesson 4: Breathing Emergencies Child and infant skills; child (includes adult) and infant video segments	Time: 27 minutes
Lesson 5: Sudden Illness	Time: 30 minutes
Lesson 6: Environmental Emergencies	Time: 22 minutes
Lesson 7: Soft Tissue Injuries	Time: 38 minutes
Lesson 8: Injuries to Muscles, Bones and Joints	Time: 27 minutes
Lesson 9: Conclusion	Time: 20 minutes

First Aid with CPR—Child	Total Time: 4 hours, 15 minutes
Lesson 1: Before Giving Care and Checking an Injured or Ill Person	Time: 49 minutes
Lesson 2: Cardiac Emergencies and CPR Child skills; child (includes adult) video segment	Time: 35 minutes
Lesson 4: Breathing Emergencies Child skills; child (includes adult) video segment	Time: 34 minutes
Lesson 5: Sudden Illness	Time: 30 minutes
Lesson 6: Environmental Emergencies	Time: 22 minutes
Lesson 7: Soft Tissue Injuries	Time: 38 minutes
Lesson 8: Injuries to Muscles, Bones and Joints	Time: 27 minutes
Lesson 9: Conclusion	Time: 20 minutes

First Aid with CPR—Infant	Total Time: 4 hours, 15 minutes
Lesson 1: Before Giving Care and Checking an Injured or Ill Person	Time: 49 minutes
Lesson 2: Cardiac Emergencies and CPR Infant skills; infant video segment	Time: 35 minutes
Lesson 4: Breathing Emergencies Infant skills; infant video segment	Time: 34 minutes
Lesson 5: Sudden Illness	Time: 30 minutes
Lesson 6: Environmental Emergencies	Time: 22 minutes
Lesson 7: Soft Tissue Injuries	Time: 38 minutes
Lesson 8: Injuries to Muscles, Bones and Joints	Time: 27 minutes
Lesson 9: Conclusion	Time: 20 minutes

CPR/AED—Adult and CPR—Child	Total Time: 2 hours, 45 minutes
Lesson 1: Before Giving Care and Checking an Injured or Ill Person	Time: 49 minutes
Lesson 2: Cardiac Emergencies and CPR Adult or child skills; adult and child video segment	Time: 35 minutes
Lesson 3: AED Adult skills	Time: 27 minutes
Lesson 4: Breathing Emergencies Adult or child; adult and child video segment	Time: 34 minutes
Lesson 9: Conclusion	Time: 20 minutes

CPR/AED—Adult and CPR—Infant	Total Time: 3 hours, 21 minutes
Lesson 1: Before Giving Care and Checking an Injured or Ill Person	Time: 64 minutes
Lesson 2: Cardiac Emergencies and CPR Adult and infant skills; adult (includes child) and infant video segments	Time: 50 minutes
Lesson 3: AED Adult skills	Time: 27 minutes
Lesson 4: Breathing Emergencies Adult and infant skills; adult (includes child) and infant video segments	Time: 40 minutes
Lesson 9: Conclusion	Time: 20 minutes

CPR—Adult, CPR/AED—Child and CPR—Infant	Total Time: 3 hours, 21 minutes
Lesson 1: Before Giving Care and Checking an Injured or Ill Person	Time: 64 minutes
Lesson 2: Cardiac Emergencies and CPR Adult or child and infant skills; adult and child, and infant video segments	Time: 50 minutes
Lesson 3: AED Child skills	Time: 27 minutes
Lesson 4: Breathing Emergencies Adult or child and infant skills; adult and child, and infant video segments	Time: 40 minutes
Lesson 9: Conclusion	Time: 20 minutes

CPR—Adult and CPR/AED—Child	Total Time: 2 hours, 45 minutes
Lesson 1: Before Giving Care and Checking an Injured or Ill Person	Time: 49 minutes
Lesson 2: Cardiac Emergencies and CPR Adult or child skills; adult and child video segment	Time: 35 minutes
Lesson 3: AED Child skills	Time: 27 minutes
Lesson 4: Breathing Emergencies Adult or child skills; adult and child video segment	Time: 34 minutes
Lesson 9: Conclusion	Time: 20 minutes

CPR—Adult and Child	Total Time: 2 hours, 13 minutes
Lesson 1: Before Giving Care and Checking an Injured or Ill Person	Time: 49 minutes
Lesson 2: Cardiac Emergencies and CPR Adult or child skills; adult and child video segment	Time: 35 minutes
Lesson 4: Breathing Emergencies Adult or child skills; adult and child video segment	Time: 34 minutes
Lesson 9: Conclusion	Time: 15 minutes

CPR—Adult and Infant	Total Time: 2 hours, 49 minutes
Lesson 1: Before Giving Care and Checking an Injured or Ill Person	Time: 64 minutes
Lesson 2: Cardiac Emergencies and CPR Adult and infant skills; adult (includes child) and infant video segments	Time: 50 minutes
Lesson 4: Breathing Emergencies Adult and infant skills; adult (includes child) and infant video segments	Time: 40 minutes
Lesson 9: Conclusion	Time: 15 minutes

CPR/AED—Child and CPR—Infant	Total Time: 3 hours, 21 minutes
Lesson 1: Before Giving Care and Checking an Injured or Ill Person	Time: 64 minutes
Lesson 2: Cardiac Emergencies and CPR Child and infant skills; child (includes adult) and infant video segments	Time: 50 minutes
Lesson 3: AED Child skills	Time: 27 minutes
Lesson 4: Breathing Emergencies Child and infant skills; child (includes adult) and infant video segments	Time: 40 minutes
Lesson 9: Conclusion	Time: 20 minutes

CPR/AED—Child	Total Time: 2 hours, 40 minutes
Lesson 1: Before Giving Care and Checking an Injured or Ill Person	Time: 49 minutes
Lesson 2: Cardiac Emergencies and CPR Child skills; child (includes adult) video segment	Time: 35 minutes
Lesson 3: AED Child skills	Time: 27 minutes
Lesson 4: Breathing Emergencies Child skills; child (includes adult) video segment	Time: 34 minutes
Lesson 9: Conclusion	Time: 15 minutes