

Blended Learning

First Aid/CPR/AED

Program Overview

Blended Learning combines online learning with in-person skills sessions conducted by a Red Cross-certified instructor. The new blended learning courses build the same knowledge and skills as our traditional classroom training courses.

Online Session

The blended learning online session offers students a variety of elements to learn program content including videos, lesson narration and special features. In addition, interactive learning experiences engage the student in activities such as:

- * Drag-and-drop exercises to reinforce skill sequences
- * Case studies that provide participants with the opportunity to decide what care to provide
- * Hotlinks such as QuickChecks and FastFacts to give students the option to drill down for a more in-depth look at key words, topics and skills
- * Lesson reviews to allow students to review material covered in each lesson before completing the assessment

In order to move on to the in-person session, students must pass the assessment at the end of the online session and should print a copy of their online completion certification to submit to the instructor.

In-Person Session

Once the online session has been successfully completed, students practice skills and are assessed by the instructor during the in-person skills session.

Benefits

Benefits include:

- * **Individualized, self-paced learning**
 - * Accommodates individual learning styles and allows participants to learn at their own pace
 - * Participants can stop and review training whenever necessary to ensure that they completely understand the instruction
 - * Course takers have the option of going through the online session in full or abbreviated form and by testing out of lessons with which they may already be familiar, making it a time-saver for those recertifying
- * **Convenient access and consistent delivery**
 - * Allows course takers to access training at their convenience from any computer with internet access
 - * Can help prevent schedule conflicts with work-related responsibilities
 - * Online training can be started and stopped to accommodate busy schedules
 - * Course takers are given access to the online content for the period of certification and may log on as needed to reference content or refresh their knowledge
- * **Focused skill sessions**
 - * Providing content online shortens in-person class time
 - * Allows instructors to focus on skill practice and assessment during skill sessions, rather than lecture

Courses and Certifications

Blended Learning Courses

Blended learning courses cover the same knowledge and skills as traditional classroom training.

Program and approximate time for completion

Course name	Online time (hour: minute)	In-person time (hour: minute)	Combined time (hour: minute)
First Aid	1:20	0:35	1:55
Adult CPR/AED	0:55	1:10	2:05
Pediatric First Aid CPR/AED	1:55	1:35	3:20
Adult and Pediatric CPR/AED	1:10	1:25	2:35
Adult First Aid CPR/AED	1:55	1:20	3:15
Pediatric CPR/AED	0:55	1:25	2:20
Adult and Pediatric First Aid CPR/AED	2:10	1:35	3:45